



## {Marketing & Money eCourse} Activate Your Money Mojo Checklist

Working on your relationship with money, does not come from just working on your mindset. If it did, then wouldn't your money mindset be thriving by now? We've all spent a lot of time thinking about our money mindset, healing it, processing it and pondering over it.

***What if could be easier? What actually works to create an abundant money relationship?***

**Follow these four steps to create a new money relationship:**

**1. Acknowledge that you aren't broken.**

The fact that you have the desire to create more in your life, is the only proof you need that it's possible. Otherwise, it wouldn't even occur to you. It would be someone else's dream, not yours.

Simply acknowledging this first and foremost opens up the path for true healing, not just more months and years of "processing" and "trying to figure it out."

**2. Choose.**

Make a choice that you are creating something different. This gets you out of the either/or scenario that is leading you nowhere except rehearsing the past. You can't create your magical future, if you are always thinking and processing about the past.

We all have choice, unconscious or conscious. Through these choices, we create our reality.

And we've all made some interesting choices in the past haven't we? Rather than judging ourselves for those choices, look at what a gorgeous creation it is. You chose to support the unconscious and conscious beliefs you had at the time; it's quite an amazing creation when you really think about it.

Now with new awareness, imagine what possibilities you can create?

### **3. Notice and be aware.**

As you see those old patterns and beliefs that no longer support you, simply be aware of them. Let go of that old training that you “need” to figure it out or process it to death. Simply be aware. Notice it. Keep moving forward.

Stop putting your life on hold until you have processed it completely. You won't process it completely. We are all evolving beings with deep layers of self awareness. It's what makes us beautiful, not broken.

### **4. Anchor your new belief with a new money habit.**

Changing your relationship money does not just happen in your head. You can't JUST meditate your way to more money.

It requires action. More importantly, building an abundant and trusting relationship with money, requires money habits that support the future you are creating.

Below are the top 10 list of money habits to develop. Do these things for a year, and your entire life will be different.

## Top 10 Ways to Activate Your Money Mojo:

1. **Check your accounts daily.** This includes credit cards. Open all of your bank statements and credit card statements right when you get them.
2. **Know your numbers.** How much does it cost to live? To run your business? How much money is coming in?
3. **Track your money daily.** Use the marketing calendar to track every penny that comes in.
4. **Create a HAVING account.** Be diligent about putting money in a separate account with each dollar you receive. This is different than a savings account. Don't touch your Having account. Let the money attract more money and enjoy the peace of mind that you have, that you "have" money. (There is more about this in the training video.)
5. **Start an automatic savings deposit to an online bank account.** Just start with a dollar amount and set it up on auto withdrawal; set it up where once the money is there, you can't easily transfer it back out. Nervous about the money not being there? It will be there. Trust the process.
6. **Clean up your money agreements.** Do you owe people money? Communicate and honor a payment plan you can easily do. Don't overshoot with big promises, only to renegotiate on it later. Do people owe you money? Have a conversation and create a payment plan that works for both of you.
7. **Check your pricing.** Is your pricing in alignment? Do you feel confident about your pricing? Either adjust your pricing or your confidence so you embody your pricing. Are you attempting to charge what you would never pay personally? Not that you have to pay what you charge, but there could be something out of alignment there.
8. **Give back.** What causes do you believe in? How would you like to support those causes. Even just \$5 a month takes the focus on you, and you start expanding your money flow. You start becoming the kind of person who does gives back, instead of waiting until you make more money.
9. **Create a money target that motivates you.** If you aren't motivated by stating a money goal, then stop creating money targets like that. Are you motivated by experiences? Create a list of experiences you would like, then do the research on how much those things would cost and that is what creates your monthly target.
10. **Be willing to love and have money.** The truth is that good people do good things with good money. You are one of those good people. Loving money is to love the causes you can support and the contribution you can be in the world.

**Next step →** Listen to the Heal Your Money Story training and choose your next money habit you are going to accomplish this week.